Coverage for:Individual or Individual + Family | Plan Type:HMO

SoloCare Bronze No Referral HMO Chiro 7050 (Al/AN Limited Cost Share)



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|--|--|
| What is the overall deductible? | \$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or In Network: \$7,050/Individual, \$14,100/Family Out of Network: None | You must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay for covered services you use. Check your policy or <u>plan</u> document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Preventive care/screening/immunization. Additional details included per service category elsewhere in this SBC. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | \$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP | You don't have to meet a <u>deductible</u> for specific services. |
| What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ? | In Network: \$7,050/Individual, \$14,100/Family Out of Network: None | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | <u>Premiums</u> , <u>balance-billing</u> charges (unless balance billing is prohibited), and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> . |
| Will you pay less if you use a <u>network</u> <u>provider</u> ? | Yes. See www.alliantplans.com or call 1-866-403-2785 for a list of network providers. | This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> , in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral |

01/01/2024 | Individual HIOS Plan ID: 83761GA0110042032024



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event | Services You May Need | What You Will Pay | | | | |
|---|---|--|---|--|---|--|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| | Primary care visit to treat an injury or illness. | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| If you visit a health | Specialist visit | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| care <u>provider's</u> office or clinic | Preventive care/screening/immunization | No Charge | No Charge | Not Covered | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. | |
| If you have a test | Diagnostic test (x-ray, blood work) | No Charge | 0% coinsurance | Not Covered | Laboratory/Pathology No Charge | |
| | Imaging (CT/PET scans, MRIs) | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| If you need drugs to | Generic drugs | No Charge | 0% coinsurance | 0% coinsurance | Deductibles apply unless stated 'deductible does not | |
| treat your illness or condition | Preferred brand drugs | No Charge | 0% coinsurance | 0% coinsurance | | |
| More information | Non-preferred brand drugs | No Charge | 0% coinsurance | 0% coinsurance | apply'. After meeting the | |
| about <u>prescription</u> <u>drug coverage</u> is available at www.alliantplans.com | Specialty drugs | No Charge | 0% coinsurance | 0% coinsurance | deductible, copayments or coinsurance are due. Full drug cost may be required before copayment | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| | Physician/surgeon fees | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| | Emergency room care | No Charge | 0% coinsurance | 0% coinsurance | See your "Certificate of Coverage" for details | |

| | Services You May Need | What You Will Pay | | | | |
|--|---|--|---|--|---|--|
| Common Medical Event | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| If you need immediate medical attention | Emergency medical transportation | No Charge | 0% coinsurance | 0% coinsurance | See your "Certificate of Coverage" for details | |
| | Urgent care | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details. | |
| | Physician/surgeon fees | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | No Charge | 0% coinsurance and 0% coinsurance for other outpatient services | Not Covered | Other Outpatient services may include intensive outpatient therapy (IOP), partial hospitalization program (PHP), tests described elsewhere in the SBC. | |
| | Inpatient services | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details. | |
| If you are pregnant | Office visits | No Charge | 0% coinsurance | Not Covered | Office Visits after confirmation of Pregnancy are subject to Coinsurance. Cost sharing does not apply for preventive services. Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). | |
| | Childbirth/delivery professional services | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |

| Common Medical Event | Services You May Need | What You Will Pay | | | | |
|---|---------------------------------------|--|---|--|--|--|
| | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| | Childbirth/delivery facility services | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| | Home health care | No Charge | 0% coinsurance | Not Covered | Limited to 120 visits per year | |
| | Rehabilitation services | No Charge | 0% coinsurance | Not Covered | Limited to 40 visits per year | |
| If you need help | Habilitation services | No Charge | 0% coinsurance | Not Covered | Limited to 40 visits per year | |
| recovering or have other special health needs | Skilled nursing care | No Charge | 0% coinsurance | Not Covered | Limited to 60 days per year | |
| | Durable medical equipment | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| | Hospice services | No Charge | 0% coinsurance | Not Covered | See your "Certificate of Coverage" for details | |
| If your child needs dental or eye care | Children's eye exam | No Charge | 0% coinsurance | Not Covered | Limited to 1 exam per year | |
| | Children's glasses | No Charge | 0% coinsurance | Not Covered | Limited to 1 item per year | |
| | Children's dental check-up | Not Covered | Not Covered | Not Covered | See your "Certificate of Coverage" for details | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in case of rape, incest, or when life of mother is endangered)
- Hearing aids

Private-duty nursing

Acupuncture

Infertility treatment

Routine eye care (Adult)

Bariatric surgery

Long-term care

Routine foot care

• Dental care (Adult)

• Non-emergency care when traveling outside the U.S.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Chiropractic care 20 visits per year

- Cosmetic surgery limited to reconstructive surgery Weight loss programs (4 visits per year for to restore function
 - nutritional counseling)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee

Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. The contact information for questions about your rights, this notice, or assistance: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov</u>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have minimum essential coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a B (9 months of in-network pre-natal c delivery) | | Managing Joe's type 2 (a year of routine in-network care of condition) | | Mia's Simple Fracture (in-network emergency room visit and follow up care) | |
|--|----------|--|--|---|---------------------------|
| ■ The plan's overall deductible \$7,050 ■ Specialist coinsurance 0% ■ Hospital (facility) coinsurance 0% ■ Other coinsurance 0% | | The plan's overall deductible Specialist coinsurance Hospital (facility) coinsurance Other coinsurance | pecialist coinsurance 0% ospital (facility) coinsurance 0% | | \$7,050 0% 0% 0% |
| This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia) | | This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) | | This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) | |
| Total Example Cost | \$12,700 | Total Example Cost | \$5,600 | Total Example Cost | \$2,800 |
| In this example, Peg would pay: | | In this example, Joe would pay: | | In this example, Mia would pay: | |
| Cost Sharing | | Cost Sharing | | Cost Sharing | |
| <u>Deductibles</u> | \$0 | <u>Deductibles</u> | \$0 | <u>Deductibles</u> | \$0 |
| Copayments | \$0 | Copayments | \$0 | Copayments | \$0 |
| Coinsurance | \$0 | Coinsurance | \$0 | Coinsurance | \$0 |
| What isn't covered | | What isn't covered | | What isn't covered | |
| Limits or exclusions | \$60 | Limits or exclusions | \$20 | Limits or exclusions | \$0 |

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.

\$5,420 The total Mia would pay is

The total Joe would pay is

\$7,110

\$2,800