Coverage for:Individual or Individual + Family |Plan Type:PPO

SoloCare PPO Standard Platinum Chiro

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In Network: \$0/Individual, \$0/Family Out of Network: \$20,000/Individual, \$40,000/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$3,200/Individual, \$6,400/Family Out of Network: None	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations Everytions & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness.	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
If you visit a health care	<u>Specialist</u> visit	\$20 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
provider's office or clinic	Preventive care/screening/immunization	No Charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Laboratory/Pathology No Charge	
If you have a test	Imaging (CT/PET scans, MRIs)	\$100 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
If you need drugs to treat	Generic drugs	\$5 <u>copayment</u> , <u>Deductible</u> does not apply	\$5 <u>copayment</u> , <u>Deductible</u> does not apply		
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.alliantplans.com	Preferred brand drugs	\$10 <u>copayment</u> , <u>Deductible</u> does not apply	\$10 <u>copayment</u> , <u>Deductible</u> does not apply	Deductibles apply unless stated 'deductible does not apply'. After	
	Non-preferred brand drugs	\$50 <u>copayment</u> , <u>Deductible</u> does not apply	\$50 <u>copayment</u> , <u>Deductible</u> does not apply	meeting the deductible, copayments of coinsurance are due. Full drug cost may be required before copayment	
	Specialty drugs	\$150 <u>copayment</u> , <u>Deductible</u> does not apply	\$150 <u>copayment</u> , <u>Deductible</u> does not apply		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$150 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
	Physician/surgeon fees	\$150 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
If you need immediate medical attention	Emergency room care	\$100 <u>copayment</u> /visit, <u>Deductible</u> does not apply	\$100 <u>copayment</u> /visit, <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	

[* For more information about limitations and exceptions, see the **plan** or policy document at [www.alliantplans.com].]

Common		What You Will Pay		Linstations Europetions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency medical transportation	\$100 <u>copayment</u> /visit, <u>Deductible</u> does not apply	\$100 <u>copayment</u> /visit, <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	Urgent care	\$15 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
If you have a beanital atom	Facility fee (e.g., hospital room)	\$350 <u>copayment</u> /stay, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details.	
If you have a hospital stay	Physician/surgeon fees	No Charge	40% coinsurance	See your "Certificate of Coverage" for details	
lf you need mental health, behavioral health, or	Outpatient services	\$10 copayment/visit and 0% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Other Outpatient services may include intensive outpatient therapy (IOP), partial hospitalization program (PHP), tests described elsewhere in the SBC.	
substance abuse services	Inpatient services	\$350 <u>copayment</u> /stay, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details.	
lf you are pregnant	Office visits	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Office Visits after confirmation of Pregnancy are subject to Coinsurance. Cost sharing does not apply for preventive services. Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	No Charge	40% coinsurance	See your "Certificate of Coverage" for details	
	Childbirth/delivery facility services	\$350 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
	Home health care	0% <u>coinsurance</u>	40% coinsurance	Limited to 120 visits per year	

Common		What Yo	u Will Pay	Limitationa Executiona & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health	Rehabilitation services	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Limited to 40 visits per year	
needs	Habilitation services	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Limited to 40 visits per year	
	Skilled nursing care	\$150 <u>copayment</u> /stay, <u>Deductible</u> does not apply	40% coinsurance	Limited to 60 days per year	
	Durable medical equipment	0% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
	Hospice services	0% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
	Children's eye exam	0% coinsurance	40% coinsurance	Limited to 1 exam per year	
If your child needs dental or eye care	Children's glasses	0% coinsurance	40% coinsurance	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	See your "Certificate of Coverage" for details	
Excluded Services & Other Co	overed Services:			,	
Services Your Plan Generally	Does NOT Cover (Check you	ur policy or <u>plan</u> document f	for more information and a l	ist of any other <u>excluded services</u> .)	
 Abortion (except in case of railing of mother is endangered) 	ape, incest, or when • Heari	ing aids	 Private-du 	ty nursing	
Acupuncture Infer		ility treatment	 Routine eye care (Adult) 		
÷,		-term care Routine foot care		oot care	
Dental care (Adult)	• Non U.S.	emergency care when travelin	g outside the		
Other Covered Services (Lim	tations may apply to these so	ervices. This isn't a complet	e list. Please see your <u>plan</u>	document.)	
Chiropractic care 20 visits per year Cosmetic surgery limited to reconstructive surgery • Weight			oss programs (4 visits per year for al counseling)		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or

[* For more information about limitations and exceptions, see the **plan** or policy document at [www.alliantplans.com].]

<u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your plan</u>. The contact information for questions about your rights, this notice, or assistance: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov</u>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267--2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Does this plan provide Minimum Essential Coverage?

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$20 \$350 \$10	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$20 \$350 \$10	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$0 \$20 \$350 \$10
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost \$2,6	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$1,000	Copayments	\$500	Copayments	\$500
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	\$60 Limits or exclusions \$20		Limits or exclusions	\$0
The total Peg would pay is	\$1,060	The total Joe would pay is	\$520	The total Mia would pay is	\$500