Coverage for:Individual or Individual + Family |Plan Type:PPO

SoloCare PPO Standard Gold Chiro

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In Network: \$1,500/Individual, \$3,000/Family Out of Network: \$20,000/Individual, \$40,000/Family	You must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay for covered services you use. Check your policy or <u>plan</u> document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$8,700/Individual, \$17,400/Family Out of Network: None	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	ı Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)		
	Primary care visit to treat an injury or illness.	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
If you visit a health care	<u>Specialist</u> visit	st\$60 copayment/visit, Deductible does not apply40% coinsurance		See your "Certificate of Coverage" for details	
provider's office or clinic	Preventive care/screening/immunization	No Charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	25% coinsurance	40% coinsurance	Laboratory/Pathology No Charge	
If you have a test	Imaging (CT/PET scans, MRIs)	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
If you need drugs to treat	Generic drugs	\$15 <u>copayment</u> , <u>Deductible</u> does not apply	\$15 <u>copayment</u> , <u>Deductible</u> does not apply		
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$30 <u>copayment</u> , <u>Deductible</u> does not apply	\$30 <u>copayment</u> , <u>Deductible</u> does not apply	Deductibles apply unless stated 'deductible does not apply'. After	
prescription drug coverage is available at	Non-preferred brand drugs	\$60 <u>copayment</u> , <u>Deductible</u> does not apply	\$60 <u>copayment</u> , <u>Deductible</u> does not apply	meeting the deductible, copayments or coinsurance are due. Full drug cost may be required before copayment	
www.alliantplans.com	Specialty drugs	\$250 <u>copayment</u> , <u>Deductible</u> does not apply	\$250 <u>copayment</u> , <u>Deductible</u> does not apply		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
surgery	Physician/surgeon fees	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
If you need immediate medical attention	Emergency room care	25% coinsurance	25% coinsurance	See your "Certificate of Coverage" for details	

[* For more information about limitations and exceptions, see the **plan** or policy document at [www.alliantplans.com].]

Common		What You Will Pay		Limitationa Evantiona 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency medical transportation	25% coinsurance	25% coinsurance	See your "Certificate of Coverage" for details	
	Urgent care	\$45 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	See your "Certificate of Coverage" for details	
lfuren hanne e haanitel sterr	Facility fee (e.g., hospital room)	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details.	
If you have a hospital stay	Physician/surgeon fees	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
If you need mental health, behavioral health, or	Outpatient services	\$30 copayment/visit and 25% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Other Outpatient services may include intensive outpatient therapy (IOP), partial hospitalization program (PHP), tests described elsewhere in the SBC.	
substance abuse services	Inpatient services	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details.	
If you are pregnant	Office visits	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Office Visits after confirmation of Pregnancy are subject to Coinsurance. Cost sharing does not apply for preventive services. Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
	Childbirth/delivery facility services	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
	Home health care	25% coinsurance	40% coinsurance	Limited to 120 visits per year	

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network Out of Network (You will pay the least) (You will pay the most)			
If you need help recovering or have other special health needs	Rehabilitation services	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Limited to 40 visits per year	
	Habilitation services	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Limited to 40 visits per year	
	Skilled nursing care	25% coinsurance	40% coinsurance	Limited to 60 days per year	
	Durable medical equipment	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
	Hospice services	25% coinsurance	40% coinsurance	See your "Certificate of Coverage" for details	
If your child needs dental or eye care	Children's eye exam	25% coinsurance	40% coinsurance	Limited to 1 exam per year	
	Children's glasses	25% coinsurance	40% coinsurance	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	See your "Certificate of Coverage" for details	
Excluded Services & Other Co	overed Services:	·	·	·	
Services Your <u>Plan</u> Generally	Does NOT Cover (Check you	ur policy or <u>plan</u> document f	for more information and a l	ist of any other <u>excluded services</u> .)	
Abortion (except in case of r	ape, incest, or when 🔹 Hear	ing aids	 Private-du 	ty nursing	

life of mother is endangered)					
Acupuncture	 Infertility treatment 	 Routine eye care (Adult) 			
Bariatric surgery	 Long-term care 	Routine foot care			
Dental care (Adult)	Adult) Non-emergency care when traveling outside the				
	U.S.				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Chiropractic care 20 visits per year	 Cosmetic surgery limited to reconstruct 	uctive surgery • Weight loss programs (4 visits per year for			
	to restore function	nutritional counseling)			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or

<u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. The contact information for questions about your rights, this notice, or assistance: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov</u>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267--2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Does this plan provide Minimum Essential Coverage?

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The plan's overall <u>deductible</u> \$1,500 <u>Specialist copayment</u> \$60 Hospital (facility) <u>coinsurance</u> 25% Other <u>copayment</u> \$30 		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$1,500 \$60 25% \$30	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$1,500 \$60 25% \$30
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/DeliveryProfessional ServicesChildbirth/DeliveryFacilityServicesDiagnostic tests (ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests(blood work)Prescription drugsDurable medical equipment(glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
· · · · · · · · · · · · · · · · · · ·	\$1,500	Deductibles	\$300	Deductibles	\$1,500
<u>Deductibles</u>	ψ1,000	<u></u>	+		1,
Deductibles Copayments	\$70	Copayments	\$1,000	Copayments	\$200
			· · · · · · · · · · · · · · · · · · ·		
Copayments	\$70 \$2,100	Copayments	\$1,000 \$0	Copayments	\$200
Copayments Coinsurance	\$70 \$2,100	Copayments Coinsurance	\$1,000 \$0	Copayments Coinsurance	\$200