Coverage for: Individual or Individual + Family |Plan Type: PPO

# SoloCare PPO Standard Gold Chiro (Al/AN Zero Cost Share)

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In Network: \$0/Individual, \$0/Family Out of Network: \$0/Individual, \$0/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$0/Individual, \$0/Family Out of Network: \$0/Individual, \$0/Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a provider network. You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness.	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
<u></u>	Preventive care/screening/immunization	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Laboratory/Pathology No Charge	
If you have a test	Imaging (CT/PET scans, MRIs)	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If you need drugs to treat	Generic drugs	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Deductibles apply unless stated 'deductible does not apply'. After meeting the deductible, copayments or coinsurance are due. Full drug cost may be required before copayment	
your illness or condition More information about prescription drug coverage is available at	Preferred brand drugs	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply		
www.alliantplans.com	Non-preferred brand drugs	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply		

Common		What You Will Pay		Limitations Eventions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Specialty drugs	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
surgery	Physician/surgeon fees	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	Emergency room care	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If you need immediate medical attention	Emergency medical transportation	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	<u>Urgent care</u>	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details.	
	Physician/surgeon fees	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$0 copayment/visit then 0% coinsurance and \$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Other Outpatient services may include intensive outpatient therapy (IOP), partial hospitalization program (PHP), tests described elsewhere in the SBC.	

Common		What You Will Pay		Limitations Exceptions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Inpatient services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details.	
If you are pregnant	Office visits	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	Office Visits after confirmation of Pregnancy are subject to Coinsurance. Cost sharing does not apply for preventive services. Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	Childbirth/delivery facility services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	Home health care	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 120 visits per year	
If you need help recovering	Rehabilitation services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 40 visits per year	
or have other special health needs	Habilitation services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance,</u> <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 40 visits per year	
	Skilled nursing care	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 60 days per year	

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Durable medical equipment	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
	Hospice services	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	See your "Certificate of Coverage" for details	
If your child needs dental or eye care	Children's eye exam	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 1 exam per year	
	Children's glasses	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> /visit then 0% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	See your "Certificate of Coverage" for details	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
• Abortion (except in case of rape, incest, or when life of mother is endangered)	Hearing aids	<ul> <li>Private-duty nursing</li> </ul>			
Acupuncture	Infertility treatment	<ul> <li>Routine eye care (Adult)</li> </ul>			
Bariatric surgery	Long-term care	Routine foot care			
Dental care (Adult)	• Non-emergency care when traveling outside the U.S.				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Chiropractic care 20 visits per year	<ul> <li>Cosmetic surgery limited to reconstructive surger to restore function</li> </ul>	<ul> <li>Weight loss programs (4 visits per year for nutritional counseling)</li> </ul>			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <a href="https://www.oci.ga.gov">www.oci.ga.gov</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.oci.ga.gov</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>.

[\* For more information about limitations and exceptions, see the plan or policy document at [www.alliantplans.com].]

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. The contact information for questions about your rights, this notice, or assistance: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov</u>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

### Does this plan provide Minimum Essential Coverage?

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

**PRA Disclosure Statement:** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a B</b> (9 months of in-network pre-natal c delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible\$0Specialist copayment\$0Hospital (facility) copayment\$0Other copayment\$0		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other <u>copayment</u></li> </ul>	becialist copayment \$0 pospital (facility) <u>copayment</u> \$0		\$0 \$0 \$0 \$0
This EXAMPLE event includes se <u>Specialist</u> office visits (prenatal car Childbirth/Delivery Professional Sec Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and b <u>Specialist</u> visit (anesthesia)	e) rvices s	This EXAMPLE event includes services like:Primary care physicianoffice visits (including disease education)Diagnostic tests(blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like:         Emergency room care (including medical supplies)         Diagnostic test (x-ray)         Durable medical equipment (crutches)         Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	le Cost \$5,600 Total Example Cost		\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	Deductibles	\$0	Deductibles	
Copayments	\$0	Copayments \$0 Copayments		\$0 \$0	
Coinsurance	\$0	0 Coinsurance \$0 Coinsurance			
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions \$20		Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is \$20		The total Mia would pay is	\$0
Note: These numbers assume the reduce your costs.For more inform			am. If you participa	te in the <u>plan's</u> wellness program, yo	u may be able to